



Penn Trafford District BREAKFAST Menu



Aug/Sept 2010



DAILY ITEMS MAY INCLUDE
CHOOSE ONE PACKAGED ITEM:
 POPTARTS
 CEREAL BARS
 DAILY DONUT
 CEREAL W/MILK & 1 SLICE TOAST
 BLUEBERRY MUFFIN
 BAGEL W/CREAM CHEESE
 HOT BREAKFAST ITEM
 THEN ADD YOUR MILK AND FRESH FRUIT OR FRUIT JUICE TO MAKE A COMPLETE BREAKFAST

30 2 Pancakes with Syrup Juice and Milk	31 Egg & Cheese on a Biscuit Juice and Milk	1 1 Slice of Breakfast Pizza Juice and Milk	2 French Toast Sticks w/syrup Juice and Milk	3 Cinnamon Roll with Icing Juice and Milk
6 2 Waffles with syrup Juice and Milk	7 Scramble Eggs w/ 1 Sausage Patty Juice and Milk	8 2 Pancakes w/ syrup Juice and Milk	9 Egg and Cheese on a bun Juice and Milk	10 4 French Toast Sticks w/syrup Juice and Milk
13 17 2 Waffles with Syrup Juice and Milk	14 Cinnamon Roll with Icing Juice and Milk	15 Scrambled Eggs Hashbrown Stars Juice and Milk	6 Mini Pancakes Juice and Milk	6 Savory Biscuits w/ Ham & Cheese Juice and Milk
20 Funnel Cake w/ Powdered Sugar Juice and Milk	21 Ham, Egg, and Cheese Burrito Juice and Milk	22 Scrambled eggs & cheese w/toast Juice and Milk	23 Belgian Waffle Sticks w/ Syrup Juice and Milk	24 Pancake on a Stick Juice and Milk
27 Scramble Eggs Potato Stars Juice and Milk	28 Savory Biscuits w/ Ham & Cheese Juice and Milk	29 French Toast Sticks w/syrup Juice and Milk	30 Cinnamon Roll with Icing Juice and Milk	

DAILY ITEMS
CHOOSE ONE PACKAGED ITEM:
 POPTARTS
 CEREAL BARS
 DAILY DONUT
 CEREAL W/MILK & 1 SLICE TOAST
 BLUEBERRY MUFFIN
 BAGEL W/CREAM CHEESE
 HOT BREAKFAST ITEM
 THEN ADD YOUR MILK AND FRESH FRUIT OR FRUIT JUICE TO MAKE A COMPLETE BREAKFAST

grab and go...

BREAKFAST IS \$1.20 FOR A COMPLETE MEAL
ALA CARTE OPTION AVAILABLE DAILY

	MONDAY	
	TUESDAY	
	WEDNESDAY	
	THURSDAY	
	FRIDAY	

Low fat and Skim available daily

Fresh fruits offered Daily or choose an Apple juice or Orange juice with your breakfast